



CHAMINADE HIGH SCHOOL

2024
**OCTOBER
LUNCH MENU**

BREAKFAST



Breakfast Sandwiches, Bagels, Rolls, Croissants, Fruit, Yogurt, French Toast, Breakfast Platters, Cereal, Muffins, Donuts & Daily Specials



LUNCH

Pizza, Salad & Sandwich Bar, Chicken Tenders, Fries, Mozzarella Sticks, Hamburgers, Cheeseburgers, Bacon Cheeseburgers, Chicken Sandwich, Jamaican Beef Patties, Chicken Cutlet, Grilled Chicken, Vegetables, Cookies, Brownies, Fruit, Yogurt Parfaits, Snacks, Ice Cream - Assorted Wraps, Sandwiches, Salads & Daily Specials!



If Your Child Has a Food Allergy or You Have Feedback Please Contact
JAlmonte@lessings.com

	TUESDAY, OCTOBER 1	WEDNESDAY, OCTOBER 2	THURSDAY, OCTOBER 3	FRIDAY, OCTOBER 4
	<u>Beef & Broccoli</u> w/ White Rice & Spring Roll <u>Beef Lo Mein</u> w/ Spring Roll	<u>Assorted Paninis</u> w/ Curly Fries <u>Rigatoni Bolognese</u> w/ Garlic Twist AFTERNOON ASSEMBLY SCHEDULE	<u>Steak & Guacamole Bowl</u> w/ Brown Rice <u>Cheese Ravioli</u> w/ Garlic Knot	<u>Chicken Martini</u> w/ Roasted Potatoes <u>Cavatelli with Broccoli</u> w/ Garlic Bread Stick
MONDAY, OCTOBER 7	TUESDAY, OCTOBER 8	WEDNESDAY, OCTOBER 9	THURSDAY, OCTOBER 10	FRIDAY, OCTOBER 11
<u>Philly Cheesesteak Hero</u> w/ Curly Fries <u>Stuffed Shells</u> w/ Garlic Knot MORNING ASSEMBLY SCHEDULE	<u>Chicken Parmigiana</u> Plate OR Hero w/ Pasta OR Fries <u>Baked Ziti</u> w/ Garlic Twist	<u>Chicken Francese</u> w/ Spaghetti <u>Spaghetti with Garlic Butter</u> w/ Garlic Bread Stick	<u>Steak Fajitas</u> w/ Chips & Salsa <u>Penne alla Vodka</u> w/ Garlic Twist SPECIAL ASSEMBLY SCHEDULE	<u>Chicken Teriyaki</u> w/ Fried Rice & Spring Roll <u>Tortellini Alfredo</u> w/ Chicken Cutlet & Garlic Bread
MONDAY, OCTOBER 14	TUESDAY, OCTOBER 15	WEDNESDAY, OCTOBER 16	THURSDAY, OCTOBER 17	FRIDAY, OCTOBER 18
 HAPPY COLUMBUS DAY	<u>General Tso's Chicken</u> w/ White Rice & Dumplings <u>Cavatelli with Broccoli</u> w/ Garlic Twist	**NO SERVICE** **EARLY DISMISSAL** **NO SERVICE** **EARLY DISMISSAL** **NO SERVICE**	<u>Assorted Quesadillas</u> w/ Yellow Rice <u>Rasta Pasta</u> w/ Garlic Knot MASS ASSEMBLY SCHEDULE	<u>Chopped Cheese</u> w/ Crinkle Fries <u>Rigatoni with Pesto</u> w/ Chicken Cutlet & Garlic Bread
MONDAY, OCTOBER 21	TUESDAY, OCTOBER 22	WEDNESDAY, OCTOBER 23	THURSDAY, OCTOBER 24	FRIDAY, OCTOBER 25
<u>Cheeseburger Sliders</u> w/ Curly Fries <u>Baked Macaroni & Cheese</u> w/ Chicken Cutlet & Garlic Bread	<u>Chicken Burritos</u> w/ Crinkle Fries <u>Creamy Beef & Shell Pasta</u> w/ Garlic Knot	<u>Meatball Parmigiana Hero</u> w/ Curly Fries <u>Spaghetti & Meatballs</u> w/ Garlic Bread Stick	<u>Assorted Snack Wraps</u> w/ Crinkle Fries <u>Egg Noodles with Butter</u> w/ Garlic Knot	**NO SERVICE** **VIRTUAL CLASSES** **NO SERVICE** **VIRTUAL CLASSES** **NO SERVICE**
MONDAY, OCTOBER 28	TUESDAY, OCTOBER 29	WEDNESDAY, OCTOBER 30	THURSDAY, OCTOBER 31	
<u>Orange Chicken</u> w/ Fried Rice & Spring Roll <u>Chicken Stir Fry</u> w/ Spring Roll	<u>"KFC" Bowl</u> w/ Popcorn Chicken, Mashed Potatoes, Corn, Bacon, Cheese & Gravy <u>Fettuccine Alfredo</u> w/ Garlic Knot	<u>Pepper Steak</u> w/ White Rice <u>Chicken Lo Mein</u> w/ Dumplings	<u>Assorted Boneless Wings</u> w/ Crinkle Fries <u>Baked Macaroni & Cheese</u> w/ Cheesy Garlic Bread	