

# Breakfast

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## BAKED GOODS

donuts	\$2.25
assorted muffins	\$2.25

## ASSORTED BAGELS

with butter	\$2.00
with cream cheese	\$2.50
buttered roll	\$2.00

## QUICK PICKS

fresh fruit	\$3.00
yogurt parfait	\$3.50
hand fruit	\$1.25

## SANDWICHES

### EGG & CHEESE\*

roll/wrap	\$3.50
bagel	\$4.00
croissant	\$4.00

### BACON, EGG & CHEESE\*

roll/wrap	\$4.00
bagel	\$4.50
croissant	\$4.50

### SAUSAGE, EGG & CHEESE\*

roll/wrap	\$4.00
bagel	\$4.50
croissant	\$4.50

## HOT BREAKFAST

hash browns (2)	\$3.00
french toast sticks (4) with maple syrup	\$4.00

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\*This item can be cooked to order. Consuming raw or undercooked meats, fish, shellfish or fresh shell eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

Before placing your order, please inform your server if a person in your party has a food allergy.



# Sandwiches

## SIGNATURE SANDWICHES

### THE ETHAN

chicken cutlet, turkey, shredded mozzarella, bacon and chipotle mayo

### THE HERCULES

chicken cutlet, fresh mozzarella, cheddar, bacon and bbq sauce

## SOUP

\$4.50 12 oz cup

**\$7.75** Choose your bread, meat, toppings and dressing

### BREADS

kaiser / panini / wraps / 7' hero / gluten free wrap

### MEATS

grilled chicken / chicken cutlet / ham / salami  
turkey / pepperoni / buffalo chicken

### TOPPINGS

american / swiss / cheddar / mozzarella / pepper jack  
provolone / roasted peppers / lettuce / tomato / bacon  
banana peppers / onions / jalapeños / pickles / pepperoni  
avocado (+\$1.00)

### DRESSINGS

mayo / chipotle / ranch / italian / caesar / blue cheese  
honey mustard / pesto / buffalo sauce / bbq sauce

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# "DIY" Salad Bar

FUEL UP

**\$7.75**

## **BASE**

romaine / mixed greens / baby spinach / arugula

## **PROTEINS**

grilled chicken / ham / chicken cutlet / turkey

## **TOPPINGS**

chick peas / seasoned roasted peppers / banana peppers / bacon  
hot cherry peppers / red onion / avocado (+\$1.00) / cherry tomatoes / croutons  
cucumber / cranberries / olives / carrots / corn / shredded cheddar  
shaved parmesan / crumbled goat cheese / hard boiled egg

## **DRESSINGS**

ranch / caesar / blue cheese / honey mustard / balsamic vinaigrette

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# City Grill

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## HAMBURGER\*

\$2.75

## CHEESEBURGER\*

\$3.25

## BACON CHEESEBURGER\*

\$3.75

## CHICKEN WINGS (5)

\$6.00

## CHICKEN NUGGETS

\$5.00

## REGULAR OR SPICY CHICKEN SANDWICH

\$4.00

## CHICKEN FINGERS

\$5.00

## MOZZARELLA STICKS (5)

\$5.00

## VALUE COMBO

Chicken fingers (3) & French fries  
\$7.50

## MISCELLANEOUS

french fries	\$3.00
specialty fries	\$3.75
cheese sauce	\$.50
loaded fries with cheese & bacon	\$1.00

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# Pizza Station

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<b>REGULAR SLICE</b>	<b>\$3.50</b>
<b>PEPPERONI SLICE</b>	<b>\$4.00</b>
<b>SPECIALTY SLICE</b>	<b>\$4.50</b>
<b>GARLIC KNOTS</b>	<b>3 FOR \$3.50</b>
<b>JAMAICAN BEEF PATTIE</b>	<b>\$3.50</b>
with cheese \$3.75	
with cheese & pepperoni \$4.00	



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# Beverages

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<b>20oz Dasani Water</b>	<b>\$2.00</b>
<b>Powerade</b>	<b>\$2.00</b>
<b>10oz Juice</b>	<b>\$2.50</b>
<b>20oz Bottled Soda</b>	<b>\$2.50</b>
<b>Smartwater</b>	<b>\$3.00</b>
<b>Vitamin Water</b>	<b>\$3.00</b>
<b>Golden Peak Iced Tea</b>	<b>\$3.00</b>
<b>Body Armor</b>	<b>\$3.50</b>
<b>Fairlife</b>	<b>\$3.50</b>
<b>Dunkin Iced Coffee</b>	<b>\$4.00</b>
<b>Core Power</b>	<b>\$4.50</b>

